

Get Outside and Play With Team Luna Chix

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If you love working out in the great outdoors, but don't like going it alone, then check out Team Luna Chix.



There are 27 Luna Chix teams in over 20 cities in the US dedicated to biking (both mountain and road), running, swimming, and racing. The teams are diverse groups of women, including weekend warriors and serious competitors, who come together to train in a supportive environment and have fun doing it. As well as all the fun fitness activities, each independent chapter of the Luna Chix raises money for the [Breast Cancer Fund](#).

Although these teams are the brain child of the company that makes [Luna Bars](#), these teams are more like grass roots organizations. Team leaders organize group trainings as well as fundraisers, from 5k races to silent auctions, that benefit the BCF. Talk about a double incentive to exercise.

Find links to a handful of teams when you read more.

Arizona
Atlanta, GA
Austin, TX
Boston, MA Cycling
Madison, WI Cycling
Montana
New York Mountain Biking
Seattle
SF Bay Area Cycling
Washington, DC

You can find more teams listed at the [Luna Chix](#) website. Like their motto states: Get outside and play!

URL: <http://www.fitsugar.com/3031464>